



FRIDAY, JUNE 1

WORKSHOP SCHEDULE



ART TENT

@ FESTIVAL
GROUNDS

SLACK PARK

@ FESTIVAL
GROUNDS

WATER- PARK

9:00 AM

Morning Yoga
9:00–10:00 AM

10:00 AM

**Mindfulness
in the Morning**
10:00–11:00 AM

11:00 AM

**Healing Plants
for Hikers**
11:00 AM–12:00 PM

12:00 PM

**Intro to
Slacklining**
12:00–1:00 PM

1:00 PM

**Gauley River
Pottery**
1:00–2:00 PM

2:00 PM

**Intermediate Hoop
Dance Workshop**
2:00–3:00 PM

**Consent,
Communication,
and Connection**
2:00–3:00 PM (Art Tent)

**Intro to
Indo Boarding**
2:00–3:00 PM (Art Tent)

3:00 PM

**Soul Singing
Alignment**
3:00–4:00 PM

**Partner
Slacklining**
3:00–4:00 PM

4:00 PM

**Basic Polymer Clay
& Eye Pendant Class**
4:00–5:00 PM

5:00 PM

**Intro Into Double
Hoops Workshop**
5:00–6:00 PM

**The Power of
Pollinator Plants**
5:00–6:00 PM

6:00 PM